

What's in it for me?



If you have a learning disability, the Government says that you should feel in control of the services you need to live in the way that suits you best.

They have set up a project called 'In Control' to help people do this. 'Taking Control' is the name of a new Essex project to make it happen in our own area.

We can only help around 15 people up to June 2005 but we need to find out how many of you would like this sort of support after that - please call us if you would like support to:

- **Say what support you need**
- **Work out what sort of life you want to live**
- **Make a plan, work out the cost and make it happen**
- **Get services to work for you**

- **Make sure the plan happens**
- **Be more involved in Your local community**
- **Sort out problems that stop you being independent**



So how is it different from what social workers do?

It should help social workers do their jobs better by sharing out the work and giving you more control.

Also, the broker works for you rather than the Social Services Department so you have control over what they do for you.



Brokers do get paid by Social Services but they work independently and are not the County Council staff- this means they have less people to help and more time to spend sorting things out with you.

Realife Trust is working for Essex
County Council to run the project
up to June 2005

For more information
or just to have a chat,
call us any time or send
in the reply slip in this
leaflet and we'll contact you.



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realife
trust

taking control

what a
support
broker
can do to
make sure you live
the life of your choice



The Essex Self-Determined Services Project
2004-2005